

Appendix B

Lists of 160 journals where TM research has been published, 211 universities where the research was conducted, and 24 universities where doctoral dissertation on TM were carried out.

I. 160 journals and edited books where research on the Transcendental Meditation program has been published.

"Over the past 10 years the editors and reviewers of the International Journal of Neuroscience have accepted several papers on Transcendental Meditation because they have met the rigorous standards of scientific publication. IJN is honored to have two Nobel laureates on its editorial board, and has a distinguished group of scientists from leading universities on every continent who judge the scientific value of the papers submitted for consideration."

—Dr. Sidney Weinstein, Editor-in-Chief, International Journal of Neuroscience

Note that several journals have published more than one paper.

- Academy of Management Journal, The
- Addictive Behaviors
- AGE
- Alcoholism Treatment Quarterly
- Alternative Medicine for the Elderly [edited book]
- Alternative Therapies in Clinical Practice
- American Journal of Cardiology
- American Journal of Health Promotion
- American Journal of Hypertension
- American Journal of Managed Care
- American Journal of Psychiatry
- American Psychologist
- American Journal of Physiology
- Annals of Behavioral Medicine
- Annals of the New York Academy of Sciences
- Anxiety, Stress and Coping
- Archives of Scientists' Transcendent Experiences, The
- Asian Perspectives on Psychology [edited book]
- Australian Family Physician
- Behavioral Medicine
- Biofeedback
- Biological Psychology
- Biologische Medizin
- British Journal of Educational Psychology
- British Journal of Psychology
- British Journal of Nursing
- Biulleten Eksperimental Biologii Meditsiny [Russian]
- Bulletin of the American Physical Society
- Bulletin of the Society of Psychologists in Addictive Behaviors
- Bulletin on Narcotics
- Business and Health
- Caribbean Journal of Criminology and Social Psychology
- Circulation

- Clinical and Experimental Pharmacology and Physiology
- Clinical Research
- College Student Journal
- Consciousness and Cognition
- Criminal Justice and Behavior
- Corsini Encyclopedia of Psychology and Behavioral Science [edited book]
- Dreaming
- Drug Forum
- Education
- Electroencephalography and Clinical Neurophysiology
- Encyclopedia of Psychology
- Ethnicity and Disease
- European Journal of Endocrinology (formerly Acta Endocrinologica)
- Experientia
- Experimental Neurology
- Fiziologija Cheloveka
- Frontiers in Bioscience
- Grounded Theory [edited book]
- Harefuah, the Journal of the Israel Medical Association
- Health and Quality of Life Outcomes
- Health Promotion
- Higher stages of human development: Perspectives on adult growth
- Homeostasis
- Hormones and Behavior
- Hospital & Community Psychiatry
- Hypertension
- India Defense Consultants: <http://www.indiadefence.com/SupremeMilitary.htm>
- Intelligence
- International Journal of the Addictions
- International Journal of Comparative and Applied Criminal Justice
- International Journal of Healing and Caring, The
- International Journal of Neuroscience
- International Journal of Psychophysiology
- International Journal of Psychosomatics
- International Journal of the Addictions, The
- International Journal of Healing and Caring, The
- Japanese Journal of Industrial Health
- Japanese Journal of Public Health
- Journal of Adult Development
- Journal of Aging and Health
- Journal of Applied Physiology: Respiratory, Environmental and Exercise Physiology
- Journal of Alternative and Complementary Medicine, The
- Journal of Behavioral Medicine
- Journal of Biomedicine
- Journal of Business & Psychology
- Journal of Chronic Disease and Therapeutic Research
- Journal of Clinical Psychiatry
- Journal of Clinical Psychology
- Journal of Conflict Resolution
- Journal of Counseling and Development
- Journal of Counseling Psychology
- Journal of Creative Behavior, The

- Journal of Crime and Justice
- Journal of Criminal Justice
- Journal of Human Stress
- Journal of Humanistic Psychology
- Journal of Hypertension
- Journal of Indian Psychology
- Journal of Inhalation Technology
- Journal of Management Education
- Journal of Mind and Behavior, The
- Journal of Moral Education, The
- Journal of the National Medical Association
- Journal of Neural Transmission
- Journal of Offender Rehabilitation
- Journal of Personality and Social Psychology
- Journal of Personality Assessment
- Journal of Psychology
- Journal of Psychosomatic Research
- Journal of Social Behavior and Personality
- Journal of Transnational Management Development
- Journal of the American Society of Psychosomatic Dentistry and Medicine
- Journal of the Canadian Medical Association
- Journal of the National Medical Association
- L' Encephale
- Lancet
- Le Medecin du Quebec
- Medical Hypotheses
- Medizinische Klinik
- Memory and Cognition
- Modern Science and Vedic Science
- Motivation, Motor and Sensory Processes of the Brain, Progress in Brain Research
- Neuroendocrinology Letters
- Neuroscience and Biobehavioral Reviews
- Organizational Change Management
- Perceptual and Motor Skills
- Perspectives on human security
- Personality and Individual Differences
- Personality, elevated blood pressure, and essential hypertension [edited book]
- Psychological Reports
- Physiologist, The
- Physiology & Behavior
- Psychology, Crime & Law
- Psychoneuroendocrinology
- Psychophysiology
- Proceedings of the American Statistical Association, Business and Economics Statistics
- Proceedings of the Conference on Restorative Neurophysiology, Irkutsk, Russia
- Proceedings of the Midwest Management Society
- Proceedings of the Second International Conference on Race, Ethnicity, and Health
- Psychologia—An International Journal of Psychology in the Orient
- Psychological Reports
- Psychoneuroendocrinology
- Psychopathometrie
- Psychophysiology

- Psychosomatic Medicine
- Psychotherapie-Psychosomatik Medizinische Psychologie
- Respiration
- Self-Awareness Deficits [edited book]
- Security and Political Risk Analysis (SAPRA)
- Self Recovery—Treating Addictions Using Transcendental Meditation and Maharishi Ayur-Veda [edited book]
- Sense of Self in Psychology [edited book]
- Science
- Scientific American
- Sleep
- Social Indicators Research
- Social Science Perspectives Journal
- Society for Neuroscience Abstracts
- Stroke
- Tidsskr Nor Laegeforen
- Tijdschrift voor Psychologie (Behavior: Journal of Psychology)
- Tidsskrift for den Norske laegeforening
- TQM Magazine, The
- Transactions of the American Society for Neurochemistry
- Transcendental Meditation in criminal rehabilitation and crime prevention [edited book]
- Western Psychologist
- Zeitschrift fur Elektroenzephalographie und Elektromyographie
- Zeitschrift fur Klinische Psychologie

II. 211 UNIVERSITY AND INSTITUTIONAL AFFILIATIONS OF RESEARCHERS WHO HAVE CONDUCTED SCIENTIFIC STUDIES ON MAHARISHI'S TRANSCENDENTAL MEDITATION (TM) AND TM-SIDHI PROGRAM

[The numbers refer to the papers as they are reprinted in *Scientific Research on the Transcendental Meditation and TM-Sidhi Program: Collected Papers. Vols. 1–5*]

American University of Beirut, Beirut, Lebanon (331)
 Analytic Sciences Corporation, The, Reading, Massachusetts, USA (220)
 Andhra Pradesh Sports Council, Lal Bahadur Stadium, Hyderabad, Andhra Pradesh, India (53)
 Astrophysics Research Corporation, Los Angeles, California, USA (176)
 Austrian Association of Ayurvedic Medicine, Vienna, Austria (421)
 Austrian Medical Association–TM, Vienna, Austria (421)
 Ball State University, Muncie, Indiana, USA (148)
 Baruch College, New York, New York, USA (376)
 Beilinson Medical Center, Petach Tiqva, Israel (233, 236)
 Birmingham University, Birmingham, United Kingdom (274)
 Boston City Hospital, Boston, Massachusetts, USA (3, 4, 11, 32, 80)
 Boston University School of Education, Boston, Massachusetts, USA (141)
 Boston University School of Medicine, Boston, Massachusetts, USA (125)
 Boston University, Boston, Massachusetts, USA (84)
 Boston Veterans Administration Hospital, Boston, Massachusetts, USA (125)
 Brandeis University, Waltham, Massachusetts, USA (84)
 Buffalo Veterans Administration Hospital, Buffalo, New York, USA (35)

Business and Technology Systems, Boston, Massachusetts, USA (333)
C.H.U. de Rheims, France (359)
C.L.S.C. de Sainte-Méthode, Canada (341)
California School of Professional Psychology , Fresno, California, USA (151, 316)
California State College at Sonoma, Sonoma, California, USA (10)
California State University at Hayward, Hayward, California (143)
California State University at Long Beach, Long Beach, California, USA (63)
California State University at Northridge, Northridge, California, USA (78)
Central Bank of Barbados, Bridgetown, Barbados (405, 406)
Centre Hospitalier Saint-Philibert, Lomme, France (358)
Cleveland VA Medical Center, Cleveland, Ohio, USA (283)
Cleveland World Plan Center, Cleveland, Ohio, USA (166)
Computational Engineering, Inc. Woburn, Massachusetts, USA (369)
Cornell University, Ithaca, New York, USA (260)
Cranfield Institute of Technology, Bedford, England (306, 391)
Dalhousie University, Halifax, Nova Scotia, Canada (107)
Denver Veterans Administration, Denver, Colorado, USA (313)
Deutsche Sporthochschule Köln, Cologne, Germany (108, 209)
Drug and Alcohol Abuse Control and Prevention Program, Fort Bliss, Texas, USA (93)
Drug Rehabilitation Center of Arbeiterwohlfahrt Kreisverband, Mülheim/Ruhr, Germany (86)
Dunedin Hospital, Dunedin, New Zealand (247)
Eastern Kentucky University, Richmond, Kentucky, USA (73)
Eastern Michigan University, Ypsilanti, Michigan, USA (28)
Edmonton Public School Board, Edmonton, Alberta, Canada (71)
École Centrale, Paris, France (17)
École Nationale Supérieure des Artes et Métiers de Châlons-sur Marne, France (359)
Far West Laboratory, San Francisco, California, USA (278, 279)
Federal Correctional Institution, Lompoc, California, USA (88)
Freien Universität Berlin, Germany (234)
G.I.T.P., Amsterdam, the Netherlands (54, 55)
Gannon College, Erie, Pennsylvania, USA (96)
George Washington University, The, Washington, D.C., USA (155, 402)
Geriatric Hospital Lainz Pav. XI, Vienna, Austria (110)
Hampshire College, Amherst, Massachusetts, USA (303)
Harvard Medical School, Boston, Massachusetts, USA (3, 14, 15, 17, 32, 80)
Harvard University, Cambridge, Massachusetts, USA (84, 117, 208, 220, 284, 285, 294, 300, 303, 312, 323, 331, 333, 335, 366, 380)
Heylen Research Centre, Auckland, New Zealand (247)
Hobart & William Smith Colleges, Geneva, New York, USA (266)
Indiana State University Terre Haute, Indiana, USA (66)
Indiana University, Indiana, USA(158)
Institute for Philosophy, Consciousness, and S.C.I., Richmond, Virginia, USA (311)
Institute for Physiology and Biochbernetics, University of Erlangen-Nürnberg, Germany (114, 116)
Institute for Research on Consciousness and Human Development , Cambridge, Massachusetts, USA (333)
Institute for Social Rehabilitation at MCI Walpole, Massachusetts, USA (160, 161)
Institute for Social Rehabilitation, Berkeley, California, USA (286)
Institute for Social Rehabilitation, Burlington, Vermont, USA (314)
Institute for Social Rehabilitation, Los Angeles, California, USA (163, 398)
Institute for Social Rehabilitation, Pacific Palisades, Los Angeles, California, USA (160, 161, 278, 279, 281)
Institute of Basic Medical Sciences, Madras, India (202)
Institute of Living, The, Hartford, Connecticut , USA (157)
Institute of Psychiatry, London, England (310)
Institute of Psychophysiological Medicine, San Diego, California, USA (95)
Kaiser-Permanente Medical Center, Oakland, California, USA (236)
Kashi Vidyapeeth, Varanasi, India (350)
l'Hôpital de Beauceville, Montreal, Canada (341)
l'Unité de médecine familiale du CHUL, Montreal, Canada (341)
La Rochefoucauld, Paris, France (17)
La Tuna Federal Penitentiary, La Tuna, New Mexico, USA (87)
Lawrence Livermore National Laboratory, Livermore, California, USA (311)
LENA, Hôpital de la Salpêtrière, Paris, France (119, 251)
Long Beach Veteran's Administration Hospital, Long Beach, California, USA (208, 366)

Lutcher Brown Center for Diabetes and Endocrinology, La Jolla, California, USA (192)
M.L.N. Medical College, Allahabad, India (235)
Macquarie University, North Ryde, N.S.W., Australia (300, 323, 331)
Maharani's College, Mysore, India (132)
Maharishi College of Natural Law, Rotterdam, the Netherlands (325)
Maharishi European Research University, Seelisberg, Switzerland (119, 171, 179, 188, 196, 206, 211, 213, 216, 289, 290, 326, 338, 339, 363)
Maharishi European Research University, Vlodrop, The Netherlands (427)
Maharishi European Research University, Weggis, Switzerland (7, 8, 20, 21, 76, 98, 99, 100, 102, 103, 104, 121, 130, 170, 173, 186)
Maharishi International Caribbean, Inc. Fajardo, Puerto Rico (334)
Maharishi International University, Fairfield, Iowa, USA (44, 47, 60, 76, 85, 98, 101, 191, 204, 206, 210, 213, 215, 217, 218, 219, 221, 222, 223, 226, 229, 230, 231, 242, 244, 253, 254, 255, 261, 264, 270, 275, 280, 282, 287, 288, 294, 296, 297, 303, 304, 307, 309, 311, 312, 315, 317, 318, 319, 320, 321, 322, 324, 326, 327, 328, 329, 332, 333, 334, 335, 336, 337, 340, 345, 346, 347, 348, 349, 351, 352, 353, 354, 355, 356, 363, 365, 368, 369, 370, 371, 372, 374, 375, 376, 377, 378, 379, 380, 382, 384, 385, 386, 387, 388, 389, 390, 394, 395, 396, 397, 399, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 415, 416, 417, 418, 419, 420, 422, 423, 424, 425, 426, 427, 428, 429, 430)
Maharishi University of Natural Law, Buckinghamshire, United Kingdom of Great Britain and Northern Ireland (421)
Mahidol University, Thailand (265)
Marquette University, Milwaukee, Wisconsin, USA (43)
Marywood College, Scranton, Pennsylvania, USA (131)
Massachusetts General Hospital, Boston, Massachusetts, USA (14, 15, 17)
Massachusetts Institute of Technology, Cambridge, Massachusetts, USA (335, 337)
McGill University, Montreal, Quebec, Canada (293)
Medizinische Poliklinik der Universität Würzburg, Germany (193)
Medizinische Universität-Poliklinik Köln, Federal Republic of Germany (198, 209)
Memphis State University, Memphis, Tennessee, USA (405, 406)
MERU Research Institute, Mentmore, Buckinghamshire, England (224, 225, 245, 246, 257, 259, 310, 312, 321, 330, 392, 393)
MERU Research Institute, Singapore (240)
Military Institute of Aviation Medicine, Warsaw, Poland (295)
National Defense Research Institute, Karlstad, Sweden (269)
Neurologische Universitätsklinik, 8091 Zürich, Switzerland (121)
Nilouffer Hospital, Hyderabad, Andhra Pradesh, India (53)
North Staffordshire Polytechnic, Stoke on Trent, United Kingdom (302)
North Texas State University, Denton, Texas, USA (145)
Ohio State University, Columbus, Ohio, USA (268, 360)
Orentreich Foundation for the Advancement of Science, Inc., New York, N. Y., USA (376)
Paris, France & Weggis, Switzerland (118)
Pennsylvania State University, Hershey, Pennsylvania, USA (39, 142)
Portsmouth Polytechnic, Portsmouth, Hampshire, England (23)
Prasart Neurological Hospital, Thailand (265)
Princeton University, Princeton, New Jersey, USA (49)
Purdue University, West Lafayette, Indiana, USA (154, 217)
Queen Elizabeth Hospital, The, Woodville, South Australia (109, 199, 200)
Roger Williams College, Rhode Island, USA (254)
Rollins College, Winter Park, Florida, USA (27)
San Diego State University, San Diego, California, USA (381)
Scientific Systems, Inc. Cambridge, Massachusetts, USA (327)
Scripps Clinic and Research Foundation, La Jolla, California, USA (12, 192)
Seattle VA Hospital, Seattle, Washington, USA (214)
Somdejchaopraya Hospital, Thailand (265)
Southeastern Massachusetts University, North Dartmouth, Massachusetts, USA (248)
Southern Illinois University, Carbondale, Illinois, USA (320, 402)
Sri-Nakharinwirot University, Bangkok, Thailand (265)
St. Joseph's College, Philadelphia, Pennsylvania, USA (266)
St. Mary's College, Notre Dame, Indiana, USA (31)
Stanford Medical School, Palo Alto, California, USA (12)
Stanford University, Palo Alto, California, USA (152, 190)
Stanley Cobb Laboratories for Psychiatric Research, Boston, Massachusetts, USA (17)

State University College of New York at Brockport, Brockport, New York, USA (46, 69)
State University College of New York at Buffalo, Buffalo, New York, USA (35)
State University College of New York at New Paltz, New Paltz, New York, USA (134, 254)
Stirling University, Stirling, Scotland (18)
Stockholm University, Stockholm, Sweden (164, 267)
Tel Aviv University Medical School, Israel (233)
Texas A & M University, College Station, Texas, USA (146)
United States District Court, Northern District of Illinois, Illinois, USA (185)
United States International University, San Diego, California, USA (122, 149)
Università degli Studi di Padova, sede di Verona, Italia (239, 342)
Università degli Studi di Trieste, Italia (299)
Universität Eppendorf, Germany (241)
Universität Hamburg, Germany (133, 241)
Université du Québec, Montréal—Gamelin, Québec, Canada (104)
Université René Descartes, Paris France (343)
University College of Swansea, University of Wales, Swansea, Wales (24)
University of Aarhus, Aarhus, Denmark (22)
University of Adelaide, South Australia (109, 199)
University of Alberta, Edmonton, Alberta, Canada (9, 40, 41, 42, 57, 58, 71, 162)
University of Arkansas, Pine Bluff, Arkansas, USA (370, 371)
University of California at Berkeley, Berkeley, California, USA (56, 138)
University of California at Irvine, Irvine, California, USA (13, 38, 105, 106, 111, 112, 113, 190, 191, 192, 194, 195, 203, 208, 291, 292, 361, 362, 364, 366, 367)
University of California at Los Angeles, Los Angeles, California, USA (1, 2, 36, 37, 48, 79)
University of California at San Diego, San Diego, California, USA (228)
University of California at Santa Cruz, Santa Cruz, California, USA (117, 369)
University of California Irvine College of Medicine, Orange, California, USA (3, 36, 37, 205, 207)
University of California School of Medicine, San Francisco, California, USA (51, 52)
University of Central Florida, Orlando, Florida, USA (262)
University of Chicago, Chicago, Illinois, USA (34, 97, 249)
University of Cincinnati, Cincinnati, Ohio, USA (33, 64, 68, 70, 91)
University of Cologne, Cologne, Germany (308)
University of Colorado Medical Center, Denver, Colorado, USA (6, 313)
University of Colorado, Boulder, Colorado, USA (272)
University of Durham, Durham, England (16)
University of East Anglia, Norwich, Norfolk, England (305)
University of Edinburgh, Edinburgh, Scotland (92)
University of Exeter, Exeter, England (123)
University of Florida, Gainesville, Florida, USA (237, 271)
University of Georgia, Athens, Georgia, USA (294)
University of Gothenburg, Sweden (127)
University of Göttingen, D-3400 Göttingen, Humboldtallee 7, Germany (114, 115, 273)
University of Groningen, Groningen, the Netherlands (67)
University of Hawaii, Honolulu, Hawaii, USA (59, 144)
University of Kansas, Lawrence, Kansas, USA (89, 180)
University of Lund, Lund, Sweden (81)
University of Maryland, College Park, Maryland, USA (380, 410)
University of Massachusetts, Amherst, Massachusetts, USA (139, 252, 301)
University of Michigan Medical School, Ann Arbor, Michigan, USA (82, 83, 276)
University of Michigan, Ann Arbor, Michigan, USA (82, 83, 298, 368)
University of Minnesota, USA (401)
University of New England at Armidale, Armidale, New South Wales, Australia (72, 357)
University of New South Wales, New South Wales, Australia (26, 178)
University of Nijmegen, The Netherlands (396)
University of Oklahoma, Norman, Oklahoma, USA (94)
University of Otago Medical School, Dunedin, New Zealand (124)
University of Pittsburg, Pittsburgh, Pennsylvania, USA (400)
University of Quebec, Rouyn, Quebec, Canada (212)
University of Queensland, Australia (156)
University of Saarland, Saarbrücken, Germany (147, 250)
University of Singapore (240)
University of Southern California, Los Angeles, California, USA (74, 165, 263)

University of Sussex, Falmer, Brighton, England (128, 137, 256)
University of Tel-Aviv Sackler School of Medicine, Tel-Aviv, Israel (236)
University of Tennessee, Knoxville, Tennessee, USA (90)
University of Texas at El Paso, El Paso, Texas, USA (25, 87)
University of Texas, Austin, Texas, USA (45, 201, 227)
University of Trondheim, Norway (197)
University of Victoria, Victoria, British Columbia, Canada (50)
University of Virginia Medical Center, Charlottesville, Virginia, USA (120)
University of Wales Institute of Science and Technology, Cardiff, Wales (29)
University of Washington, Seattle, Washington, USA (135, 140, 214, 326, 401)
University of York, England (245)
Victoria University, Wellington, New Zealand (150, 153)
Welsh National Centre for Transcendental Meditation, Cardiff, United Kingdom (414)
West Virginia University, Morgantown, West Virginia, USA (320)
Western Kentucky University, Bowling Green, Kentucky, USA (129)
Western Washington State College, Bellingham, Washington, USA (30)
Wilkes College, Wilkes-Barre, Pennsylvania, USA (136)
Xavier University, Cincinnati, Ohio, USA (75)
Yale Medical School, New Haven, Connecticut, USA (126)
York University, North York, Ontario, Canada (62, 303, 383)

III. LIST OF 24 INDEPENDENT UNIVERSITIES WHERE PH.D. DISSERTATIONS ON MAHARISHI'S TRANSCENDENTAL MEDITATION AND TM-SIDHI PROGRAM WERE CONDUCTED

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Boston University, School of Education, Boston, Massachusetts, U.S.A. (141)
California School of Professional Psychology, Los Angeles, California, U.S.A. (151)
California School of Professional Psychology, Fresno, California, USA. (316)
Free University of Berlin, Medical Faculty, West Berlin, W. Germany, (234)
George Washington University, Department of Psychology, Washington, D.C., U.S.A. (155)
Harvard University, Department of Psychology and Social Relations, Cambridge, Massachusetts, U.S.A. (284, 285)
Ohio State University, College of Education and Departments of Psychology and Sociology, Columbus, Ohio, U.S.A. (268)
René Descartes University, Faculty of Dental Surgery, Paris, France. (343)
University of Alberta, Department of Physical Education, Edmonton, Alberta, Canada. (9)
University of California at Berkeley, Berkeley, California, U.S.A. (138)
University of California at Los Angeles, Department of Physiology, School of Medicine, Los Angeles, California, U.S.A. (2)
University of Cincinnati, Department of Learning and Development, College of Education, Cincinnati, Ohio, U.S.A. (91)
University of Colorado, School of Education, Boulder, Colorado, U.S.A. (272)
University of East Anglia, School of Modern Languages and European History, Norwich, Norfolk, England. (305)

University of Massachusetts, Amherst, Massachusetts, U.S.A. (139)

University of Michigan, Ann Arbor, Michigan, USA. (298)

University of Padova at Verona, Faculty of Medicine and Surgery, Verona, Italy. (239, 342)

University of Southern California, Department of Psychology, Los Angeles, California, U.S.A. (74)

University of Tennessee, Guidance, Department of Educational Psychology and Guidance, Knoxville, Tennessee, U.S.A. (90)

University of Trieste, Faculty of Medicine and Surgery, Trieste, Italy. (299)

University of Würzburg, Faculty of Medicine, Würzburg, W. Germany. (193)

Yale Medical School, New Haven, Connecticut, U.S.A. (126)

York University, Graduate Department of Psychology, North York, Ontario, Canada. (52, 383)

University of Pittsburgh, School of Nursing, Pittsburgh Pennsylvania, U.S.A. (400)